



# 5 STEPS TO START YOUR Bible Study Habit TODAY!

## Make it a priority

- Start with making the Bible a priority.
- Action Step: Set your alarm for 10 minutes before you usually wake up. Spend 5-10 minutes in prayer and Bible reading.

## Gather your materials.

- You can use a wide range of Bible study materials, but these are three suggestions: 1) A Bible. 2) A notebook and pen. 3) A prayer method
- Action Step: Gather up these materials![CLICK HERE FOR A PRAYER METHOD.](#)

## Begin with prayer.

- Always begin with prayer. It is so important to ask the Lord to open your eyes to His word today. [CLICK HERE FOR SUGGESTED PRAYERS.](#)
- Action Step: Spend at least 2 minutes in prayer. Set a timer to stay on track.

## Read and write scripture.

- After reading God's Word use a notebook to write out God's word.
- Action Step: Start in the Gospel of John or Psalms. Read one chapter. Write 2-3 verses in your journal.

## Journal your thoughts and prayers.

- It is always a good idea to conclude your time by writing some thoughts and or prayers.
- Action Step: Chose one (or more!) of these options: Journal your thoughts on the passage. Write out a prayer. Answer these questions:
  - What truth about God do I see here?
  - What aspect of God's character has been revealed in the text?
  - How does this knowledge change me?

